



Pat Armstrong, Ph.D. | Family Leadership Development

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Profile

Pat is a Family Wealth Consultant and Family Leadership Coach. As an advisor to families, family leaders, and family offices Pat provides coaching and consultation on effective communication about wealth and its impact on family dynamics, engagement with the rising generation of family leaders, governance and decision-making in family business, and vision and mission planning for family philanthropy and family enterprise.

Pat was a co-founder and senior director of the Institute for Family Culture at Abbot Downing, a multi-family office, and was head of Family Dynamics at Wells Fargo Family Wealth. She was the human resources director for a Private Bank and held a series of management roles focused on developing talent.

In her earliest professional life, Pat was an independent management consultant to family businesses and nonprofit organizations, a faculty member in psychology and a mental health program director. Pat is a third-generation steward of her family's Midwest farmland.

Pat holds a doctoral degree in psychology from Southern Illinois University and received a certificate in executive coaching from Columbia University. She is a member of the Purposeful Planning Institute (PPI), American Psychological Association (APA) and serves on the Advisory Board of the Global Family Office Community (GFOC).

